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Head Teacher – Mrs J Curry

Windy Arbor Primary School

Anti-Bullying Week -

Break the Silence

Odd Socks Day!

Dear Parents/Carers,

On Monday 16th - Friday 20th November, we will be participating in Anti-Bullying Week, with the theme: Break the Silence.

This year's campaign - Break the Silence - will encourage children, young people and adults across the UK to start conversations about bullying, speak up, listen and take action together.

The theme was developed in collaboration with the anti-bullying sector and shaped directly by the voices of more than 200 children and young people, many of whom spoke about the silence that can surround bullying and the barriers young people face in asking for help.

The week will kick off with **Odd Socks Day on Monday 16th November**, with children being encouraged to wear odd socks to school on this day to celebrate that we are all unique.

There will be an assembly in school to introduce anti-bullying week and a range of other activities to promote 'breaking the silence' throughout the week, including considering different scenarios and ways that we can make sure nobody feels alone within our school community; focusing on kindness and respect with some 'caught being kind' certificates and remembering that our voice matters! We will create our own 'ripple of change' and remind ourselves of our safe adults.

The Anti-Bullying Alliance has developed a Parent and Carer Pack to help you bring Anti- Bullying Week 2026 and Odd Socks Day to life at home also. This resource will help you start the conversation about bullying no matter the age of your child and give you other ideas about anti-bullying at home –

Anti-Bullying Week 2026 Parent and Carer pack - Final.pdf - Google Drive

ANTI-BULLYING ALLIANCE

Thank you for your continued support - we are looking forward to raising the importance of kindness and anti-bullying together.

Yours sincerely,

Miss A Povey

Year 1 Teacher, PSHE & Sustainability Lead