schoolnursing
supporting children to reach their potential

**Norovirus Information**

The following is important key information from the health protection agency and your school nursing team in relation to a recent outbreak within the local area.

- Norovirus is a highly infectious winter vomiting bug
- It is mostly active between autumn and February/March
- Symptoms include: projectile vomiting, watery diarrhoea and some people can have a raised temperature and headache or aching limbs.
- Norovirus is easily transmitted from person to person and can live on surfaces for many days.
- Pupils infected by the norovirus must not return to school until 48 hours after symptoms have ended
- There is no treatment for Norovirus but it is important to stay hydrated by drinking plenty of fluids.
- Good hygiene by thorough hand washing is important to prevent others from being infected.




You can contact your school nurse in many ways; either by asking in school when your school nurse is in next or phone us on **0121 770 1919 (North)** or **0121 726 6754 (South)**

You can also follow us on twitter @SolSchNurses