

Solihull Parenting Team

Support, advice and signposting for all parents and carers in Solihull



SPRING TERM 2023

Open to all Solihull parents and carers

BEING A PARENT GROUPS

EMPOWERING PARENTS EMPOWERING COMMUNITIES

Led by trained parent volunteers, the groups provide you with the tools to help manage challenging behaviour, improve communication, and build a positive relationship with your child.

The Being a Parent groups will be delivered both face-to-face and virtually, starting with a welcome session & then running weekly for a further 8 sessions:

FACE TO FACE:

Tuesday 9.30am to 11.30am
The Bridge, Shirley (B90 3AG)
Target age: 9 years plus
Dates: 17/1/23 – 21/3/23

Thursday 9.15am to 11.15am
In The Woods Nursery (B37 5UH)
Target age: 0-9 years
Dates: 19/1/23 – 23/3/23

VIRTUAL via Microsoft Teams:

Tuesday 6pm to 7.30pm
Target age: 9 years plus
Dates: 17/1/23 – 21/3/23

Thursday 6pm to 7.30pm
Target age: 0-9 years
Dates: 19/1/23 – 23/3/23

UNDERSTANDING YOUR CHILD'S BEHAVIOUR

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

Led by Solihull professionals, the group aims to help you to manage challenging behaviour and improve communication, as well as building and understanding your relationship with your child. The group target age is 4-11 years, delivered face-to-face for 10 sessions:

Wednesday 9.30am – 11.30am
Solihull College
Woodlands Campus (B36 0NF)
11/1/23 – 22/3/23

Thursday 9.30am – 11.30am
Solihull College
Blossomfield Campus (B91 1SB)
12/1/23 – 23/3/23

FIVE TO THRIVE



For parents with children aged up to 4 years, the FIVE TO THRIVE building blocks explore practical things you can do to enhance your child's brain development, increase confidence in parenting and meet local parents.

TUESDAY 10am – 12pm
The Bridge, Shirley
(B90 3AG)
10/1/23 – 14/2/23
7/3/23 – 11/4/23

WEDNESDAY 10am – 12pm
Three Trees Community
Centre (B37 7TP)
11/1/23 – 15/2/23
8/3/23 – 12/4/23

Book your place now, or find out more by contacting Solihull Parenting Team at: bsmhft.parenting@nhs.net or book via the Eventbrite QR code below:

eventbrite

Believe in children Barnardo's

Solihull Metropolitan Borough Council