



Windy Arbor Primary School



Newsletter - Spring 2- W2

Dear Parents and Carers,

Happy Friday everyone! What an amazing week we have all had in school! Today as I write, I can hear the excitement of all the children dressed in their chosen words! I look forward to seeing everyone in the vocabulary parade and choosing the winners across school. The costumes have been amazing! Thank you to all the parents who attended our Parent's Evening this week - it was so lovely to see so many of you. As you know, the partnership we build is so increasingly important to us as a school community! We were also very excited that some of the children got to attend [Birmingham City](#) football ground and meet with one of the players as the country all celebrated World Book Day. Next week, we look forward to a Movie night for Year 5, a Times Tables workshop for Year 2 and I look forward to welcoming all the women in our Reception children's lives for Mothers' Day! Have a wonderful weekend!

Mrs Curry



World Book Day!

What a fantastic day we had yesterday celebrating World Book Day! The efforts that went into your word costumes were truly brilliant - we were blown away!

Choosing the winners for the prizes was so hard - I think we might need more prizes next year!

Below are our 4 winners! Well done to Katie, Harper, Emelyn and Khalid! Also a big well done to Mrs Green and Miss Daly who won the staff prize for dressing totally identical!!!!



Pizza Express trip!

On Tuesday some of our children at Windy Arbor went to Pizza Express to make their own pizzas with Mrs Geerlings and Miss Worrall. The children had a great time and even bought back two large pizzas for the staff! They learnt about food hygiene and discussed what ingredients go in to creating pizzas, having the opportunity to taste the foods along the way. It was fascinating to know 150 tomatoes go in to each of the tins they use and that they source food from all around the world!



Calendar Dates



10th March

Year 5 Movie Night -
3:20pm - 5pm

13th March

Year 2 TTRS Workshop -
9:15am

13th March

Reception Mothers' Day
lunch

17th March

Year 6 Movie Night -
3:20pm - 5pm

25th March

RSE Workshop - 9am in
the hall.

DREAM, BELIEVE, ACHIEVE.

SMART Award Winners

- Reception – Frankie
- Year 1 – Frankie and River
- Year 2 – Tyler and Coby
- Year 3 – Llewyn and Blake
- Year 4 – Alivia-Rose and Xavier
- Year 5 – Alfie and Anaya
- Year 6 – Logan and Tahja
- ARC – Martin and Jayda

Still to come this half term...



Between now and the Easter holidays, each class will be able to take part in a Silent Disco! Make sure you come to school everyday so you don't miss out!

Attendance

96%
School target



Book vending machine, this week's winners...

Carter W, Alina-Jan & Le'Tayah

100%
Attendance



Blue Caterpillars	87%	ARC	91%
Purple Butterflies	91%	Yellow Butterflies	95%
Bluebells	93%	Daffodils	91%
Snowdrops	85%	Foxgloves	94%
Beech	93%	Ash	95%
Hawthorn	93%	Ivy	96%
Maple	93%	Oak	94%
Willow	97%	Sycamore	96%



Some further advice on how to reduce school based anxiety:

1. Involve your child in problem-solving: Help your child think through their concerns and develop their own solutions to feel more in control.
2. Teach coping skills: Teach your child simple relaxation techniques, like deep breathing exercises, and create a "worry box" or self-soothe kit with items that help them calm down.
3. Celebrate small victories: Praise and acknowledge every small success, such as getting to school or completing a task, to build their confidence.

13+

Facebook
 Snapchat

Instagram
 Twitter

TikTok
 Kik

YouNow
 Yubo

House Party
 Monkey

16+

WhatsApp

17+

Sarahah
 YOLO

18+

MeetMe
 LiveMe

BE SMART ONLINE



A reminder of how old children should be to access the different apps.



PROSPER TOGETHER
Multi Academy Trust



0121 779 8080



Woodlands Way, B37 6RN



www.windy-arbor.solihull.sch.uk



What is food waste?

Any food that we throw away is 'food waste' – the good news is that you can do something about it!

Most of the food we throw away in the UK is 'avoidable'...

...Which means it could have been eaten (unlike banana skins, egg shells and bones, which are 'unavoidable'). The **top THREE** items we throw away every day **UNTOUCHED** in the UK are:

Bread:
24 million slices

Potatoes:
5.8 million

Milk:
5.9 million glasses

24

DID YOU KNOW:
Families in the UK throw away enough food every month to make **24 meals** – what a lot of waste!

Why should we care?

Food doesn't just appear on supermarket shelves by magic! Growing, making and harvesting food uses resources from the planet, like water, energy and land. All that effort is wasted when we throw food away.

Food doesn't disappear magically from the bin either! Rubbish has to be collected, sorted and disposed of... all this uses up resources from the planet.

Best before?
Use by?

DO YOU KNOW THE DIFFERENCE?

The 'Use by' date tells you how long food is safe to eat up until – if you eat it past this date, it could make you ill.

The 'Best before' date is about quality. So you **CAN** eat food past its 'best before' date, but it might not be as tasty.



Rotten food left in landfill – big holes in the ground where our rubbish usually goes – lets off a gas called methane (cows also produce this when they do a bottom burp). This is one of the 'greenhouse gases' causing climate change, so rubbish can harm our environment too.

Did you know?

In developed countries – like the UK – food is usually wasted because we buy too much or don't eat it in time. But in developing countries, the bigger problem is 'food loss'. This is due to food not being stored properly or getting damaged before it reaches the shops.

But... we can do something about this waste together!

Look at what you and your family eat – could you waste less food?

REDUCE



There's nothing wrong with a wonky carrot! So don't be put off by misshapen fruit and veg – it all tastes the same.

Eat what's on your plate and don't load up more than you need!

Make sure the grown-ups are storing food correctly. Did you know that apples last two weeks longer if kept in the fridge?

REUSE



How often do you eat leftovers?

There are lots of creative ways to use up old food. Stale bread, for example, makes delicious breadcrumbs for homemade fish fingers!

RECYCLE

Have you seen one of these before?

It's a composter and you can throw kitchen waste – like veg scraps – in here instead of putting it in the bin. It turns leftovers into a rich soil that your garden will love.

